

NEYLAND YACHT CLUB

JUNIOR SAILING

Do's and Don'ts Information Sheet

Do's

On arrival sign in at starters cabin.

Bring a change of clothing.

Report to Instructor.

Follow instructions at all times.

Assist in recovery of boats.

Assist in derigging of boats.

Changing rooms and showers to be kept clean and tidy.

These simple rules are in place to ensure a safe and enjoyable sailing experience at Neyland Yacht Club.

Don'ts

Do not leave club premises until training sessions are completed.

No wet clothes/footwear to be worn in clubhouse.

No messing about at waters edge ie stone throwing & unauthorised swimming.

No bad language.

Equipment List

Essential

Properly fitting Buoyancy Aid to meet current BS/European standard.

Waterproof top.

Warm clothes.

Change of clothes.

Trainers.

Recommended

Dinghy sailing wet suit.

Dinghy sailing boots.

Sailing gloves

